

Clinical 1 : 40 hours/w for 3 consecutive weeks

Expect the student to **KNOW** (content was covered in coursework that the student has already completed)

- ✓ scope of PTA practice
- ✓ values & ethics
- ✓ laws and regulations (HIPAA, patient rights, ADA, etc.)
- ✓ cultural competence
- ✓ psychosocial factors (loss, grief, anxiety, denial, etc.)
- ✓ anatomy
- ✓ general exposure to common pathologies & treatment approaches/techniques for various areas of PT practice (musculoskeletal, neurological, geriatric, wound care, pediatrics, cardiac rehab, chest PT)
- ✓ therapeutic exercise principles

Expect the student to **BE ABLE TO DO** (they have demonstrated competence in class)

- ✓ examination procedures (MMT, ROM)
- ✓ transfers : safely transfer dependent patients
- ✓ gait : safely guard patients during ambulation/mobility activities
- ✓ therapeutic exercise education/monitoring (stretching, strengthening)

Do NOT Expect Student to Know

- ✗ complex transfer techniques
- ✗ treatment techniques (with exception of stretching and strengthening exercises)
- ✗ specialized equipment

Do NOT Expect Student to Do

- ✗ **independent** treatment techniques/sessions (can advance to supervised sessions if appropriate)
- ✗ documentation in the medical record (“practice” SOAP notes are highly encouraged, though)
- ✗ joint mobilizations/manipulations
- ✗ initial evaluation
- ✗ sharps debridement

The student PTA is expected to participate mainly as an observer for this clinical experience. Treat them as you would treat a PT aide who you know is interested in pursuing a career in physical therapy – the student PTA can assist with treatments and participate in discussions (this is highly encouraged!!).

Objectives of Clinical 1

- Demonstrate [Intermediate](#) performance on the PTA CPI assessment scale for Professionalism and Interpersonal skills (#1-5)
 - Professionalism
 - Ethical Practice
 - Legal Practice
 - Professional Growth
 - Interpersonal
 - Communication
 - Inclusivity
- Demonstrate [Advanced Beginner](#) performance on the PTA CPI assessment scale for the Clinical Reasoning skill (first Technical/Procedural skill; skill #6)

For remaining CPI skills (#7-#10)

- Feel free to address the remaining PTA CPI assessment skills if they apply to the experience, but these are not required
- It may be that the remaining skills need to be marked in order for the assessment to be considered complete
 - Any scoring of skills beyond the required first 6 will be disregarded unless accompanied by a comment

Clinical 1 Grading

60% of the student's final grade for the clinical will come from the CI's Final CPI assessment. This assessment will be converted into a grade as follows:

- For Skills 1 – 5 (Ethical Practice, Legal Practice, Professional Growth, Communication, and Inclusivity)
 - With Distinction = 105%
 - Advanced Intermediate (or above) = 100%
 - Intermediate = 90%
 - Advanced Beginner = 80%
 - **Beginner = 70% (failing)**
- For Skill 6 (Clinical Reasoning)
 - With Distinction = 105%
 - Intermediate (or above) = 100%
 - Advanced Beginner = 90%
 - **Beginner = 70% (failing)**

Coursework Completed Prior to Clinical 1

- Anatomy & Physiology for PTA
 - Emphasis on names and locations of bones/bony prominences, muscles, body systems (especially circulatory, nervous)
- Introduction to the Profession of PT
 - Role of PTA, Ethics, Communication, Cultural Diversity, Psychosocial Factors, PT Diagnoses/Goals/Treatment Approach by Setting, Medical Terminology & Abbreviations, Documentation
- Basic Patient Care
 - Vital Signs, Managing Lines & Tubes, Transfers, Guarding Gait, Assistive Devices
 - Emphasis on patient safety, positioning and handling
- Functional Anatomy
 - Biomechanics, Goniometry, Manual Muscle Testing, Palpation
- Pathophysiology
 - Emphasis on PT-related diagnoses, precautions, and pharmacology
- Therapeutic Exercise
 - Therapeutic exercise techniques for stretching, strengthening, balance, and coordination